

System Assessment - Assessment Day	Assessment - Assessment Day
<p>Central Nervous System Neurological Alert & oriented x3 to person, place, time, follows commands, confused speech clear, orientation, hand grasps, pedal push, PERRL, level of consciousness, shoulder shrug, ability to feel objects, sense of touch, any seizure activity, shaking, trembling, pill rolling, facial droop, drooling, lethargic, somnolence, fatigued. Mentation - Judgment, mood, confusion, agitation, anxiety. Speech Patterns - Coherence, lucidity, logical, mumbled, does not communicate, aphasic.</p>	
<p>Cardiovascular Cardiac Heart rate (HR) regular/irregular, apical pulse, +1- peripheral pulse, edema, capillary refill, heartbeat (reg/irreg), abnormal sounds (including carotid), pulses (radial/pedal), temp/color of extremities, c/o pain, palpations.</p>	
<p>Pulmonary /Respiratory Breath sounds (adventitious sounds), O2 sats, amount and type of O2, labored breathing (use of accessory muscles), cough/sputum color, sputum consistency, pain, (remember to listen to all 5 lobes), respirations regular, unlabored, lungs clear, (crackles and/or wheezes identify lobes).</p>	
<p>Gastro-intestinal Abdomen soft, bowel sounds positive in all quadrants, abdominal distention, bowel sounds lumps, bumps, skin abnormalities, pain, stool quiac +/-, BM today, when last, enema administered/results. Describe BM, formed, loose, liquid, large stool, small amt, scant amt., incontinent, diapered. PEG or NGT, BRP.</p>	
<p>Genitourinary Voids without difficulty, urine clear, no bladder distention, identify urine color, odor, sediment, foley, I/O, blood tinged, clear, yellow, dark and concentrated, color like coke-cola, uses urinal, BRP, strict I & O's.</p>	
<p>Musculoskeletal/Musculo-Skeletal Deform. Balance, gait, pain, muscle mass, moves all extremities, muscle weakness, steady balance, and gait, passive ROJM performed, OOB with assist of 1,2 or special equipment.</p>	
<p>Eyes, Ears, Nose, Throat / Head & Neck Mucous membranes pink moist, no redness or discharge, Lumps bumps, shape, abnormal absence or presence of hair, symmetry of shape, pain, jaundice, pain, visual impairment, dentures (upper/lower), oral care provided, self oral care.</p>	
<p>Integumentary / Skin & Nails Skin warm, dry, intact, turgor elastic, red, scaly, shiny, no hair on legs/arms, color, moisture, temperature, lesions, bumps, jaundice, texture, cleanliness, dressing, describe any surgical wounds, thin skin, skin tears, ecchymotic, Pressure Ulcer: record stage, location, size, drainage.</p> <p>Psychosocial – gender, support system, ♦Race/ethnicity; marital status; education; religion; occupation; primary language; smoker/alcohol use; family structure; education level; current life stressors; insurance coverage, where did pt come from. Level of Psycho-Social Development (Erickson's Stage) – document</p>	

Health History: attach diagnosis card for each

HEMATOLOGY

Test/Norm	Date	Date	Date	Correlation
WBC (4.8-10.8) †				
RBC (4.2-6.2 †)(4.2-5.4 †)				
Hgb (14-18 †)(12-16 †)				
Hct (42-52 †)(37-47 †)				
Platelets (140-440)				

CHEMISTRY

Test/Norm	Date	Date	Date	Correlation
Sodium (135-145)				
Potassium (3.5-5.1)				
Chloride (98-111)				
CO2 (21-31)				
Glucose (74-106)				
BUN (6-20)				
Creatinine (0.6-1.1)				
PT (10.0-14.0)				
INR				
PTT (25.0-35.0)				

Correlate any abnormal values

PLAN/GOAL: select one patient specific measurable goal:

Patient will _____

As evidenced by:

1.

2.

3.

IMPLEMENTATION:

IMPLEMENTATION: Nursing Actions/Interventions*	Rationale for EACH action/intervention*
1.	
2.	
3.	
4.	
This intervention is to be patient/family education intervention:	
5.	
SOURCE:	

NOTE: * You must indicate the source for EACH of your actions/interventions/rationales

	Assessment Day	Clinical Day
Diet: Why on this diet?		
Activity order		
Treatments:	Reason for treatment	Results

MEDICATIONS

Date Ordered	Medication	Why was drug ordered and Action of Drug	Evaluate Effectiveness
	Generic: Trade: Dosage: Admin. Times Route: Classification:	Action: Why ordered:	Was med effective or not – document with S or O Effective: Yes/No
	Generic: Trade: Dosage: Admin. Times Route: Classification:	Action: Why ordered:	Was med effective or not – document with S or O Effective: Yes/No
	Generic: Trade: Dosage: Admin. Times Route: Classification:	Action: Why ordered:	Was med effective or not – document with S or O Effective: Yes/No
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MEDICATIONS

Date Ordered	Medication	Why was drug ordered and Action of Drug	Evaluate Effectiveness
	Generic: Trade: Dosage: Admin. Times Route: Classification:	Action: Why ordered:	Was med effective or not – document with S or O Effective: Yes/No
	Generic: Trade: Dosage: Admin. Times Route: Classification:	Action: Why ordered:	Was med effective or not – document with S or O Effective: Yes/No
	Generic: Trade: Dosage: Admin. Times Route: Classification:	Action: Why ordered:	Was med effective or not – document with S or O Effective: Yes/No
	Generic: Trade: Dosage: Admin. Times Route: Classification:	Action: Why ordered:	Was med effective or not – document with S or O Effective: Yes/No
	Generic: Trade: Dosage: Admin. Times Route: Classification:	Action: Why ordered:	Was med effective or not – document with S or O Effective: Yes/No

System Assessment – <u>Clinical Day</u>	Assessment – <u>Clinical Day</u>	Computer Input (Circle)
<p>Central Nervous System I Neurological Alert & oriented x3 to person, place, time, follows commands, confused speech clear, orientation, hand grasps, pedal push, PERRL, level of consciousness, shoulder shrug, ability to feel objects, sense of touch, any seizure activity, shaking, trembling, pill rolling, facial droop, drooling, lethargic, somnolence, fatigued. Mentation - Judgment, mood, confusion, agitation, anxiety. Speech Patterns - Coherence, lucidity, logical, mumbled, does not communicate, aphasic.</p>		<p>WNL Disoriented Confused Combative Anxious No response Flat affect Comments</p>
<p>Cardiovascular I Cardiac Heart rate (HR) regular/irregular, apical pulse, +1- peripheral pulse, edema, capillary refill, heartbeat (reg/irreg), abnormal sounds (including carotid), pulses (radial/pedal), temp/color of extremities, c/o pain, palpations.</p>		<p>WNL Remote tele rate/rhythm B/P ↓↑ Tachy Brady Edema AVF</p>
<p>Pulmonary /Respiratory Breath sounds (adventitious sounds), O2 sats, amount and type of O2, labored breathing (use of accessory muscles), cough/sputum color, sputum consistency, pain, (remember to listen to all 5 lobes), respirations regular, unlabored, lungs clear, (crackles and/or wheezes identify lobes).</p>		<p>WNL SOB rest/exertion Congested Cough prod/nonprod Wheeze insp/exp Breath sounds</p>
<p>Gastro-intestinal Abdomen soft, bowel sounds positive in all quadrants, abdominal distention, bowel sounds lumps, bumps, skin abnormalities, pain, stool quiac +/-, BM today, when last, enema administered/results. Describe BM, formed, loose, liquid, large stool, small amt, scant amt., incontinent, diapered. PEG or NGT, BRP.</p>		<p>WNL Distended soft/firm Bowel sounds ↑↓ Constipated Diarrhea Ostom Obese NGT Pain Colostomy Pain</p>
<p>Genitourinary Voids without difficulty, urine clear, no bladder distention, identify urine color, odor, sediment, foley, I/O, blood tinged, clear, yellow, dark and concentrated, color like coke-cola, uses urinal, BRP, strict I & O's.</p>		<p>WNL Amt/appearance BSC assist BRP assist Urinal CBI Foley Incontinent</p>
<p>Musculoskeletal/Musculo-Skeletal Deform. Balance, gait, pain, muscle mass, moves all extremities, muscle weakness, steady balance, and gait, passive ROJM performed, OOB with assist of 1,2 or special equipment.</p>		<p>WNL Weakness-comment Unsteady OOB assist Paraplegic Assistive devices</p>
<p>Eyes, Ears, Nose, Throat / Head & Neck Mucous membranes pink moist, no redness or discharge, Lumps bumps, shape, abnormal absence or presence of hair, symmetry of shape, pain, jaundice, pain, visual impairment, dentures (upper/lower), oral care provided, self oral care.</p>		<p>WNL Oral care Dentures Dry mouth Dysphagia Sclera red Jaundice HOH Blind</p>
<p>Integumentary / Skin & Nails Skin warm, dry, intact, turgor elastic, red, scaly, shiny, no hair on legs/arms, color, moisture, temperature, lesions, bumps, jaundice, texture, cleanliness, dressing, describe any surgical wounds, thin skin, skin tears, ecchymotic, Pressure Ulcer: record stage, location, size, drainage.</p>		<p>WNL Eccyhymosis Dry scaly Rash-comment Jaundice Skin tear Fragile Incision Mottled –location, appearance</p>
<p>Psychosocial — gender, support system, •Race/ethnicity; marital status; education; religion; occupation; primary language; smoker/alcohol use; family structure; education level; current life stressors; insurance coverage, where did pt come from. Level of Psycho-Social Development (Erickson's Stage) – document</p>		

EVALUATION:

	Yes	No
Did your patient meet the goal?		
Was the "as evidenced by" data met?		
1.		
2.		
3.		

REVISION:

GOAL REVISION... if your goal(s) were not met, then identify new goals to achieve patient outcome.
1.
2.
3.

Skills during clinical (circle what you did)

Universal/Standard precautions

Handwashing

Disposal of sharps

Barrier methods

Gloves (clean/sterile)

Gown, mask, goggles

Basic hygiene

Complete bath

Bedmaking – occupied

Range of joint motion

CMS & 5P's

Vital Signs

Temp oral rectal axillary

Pulse apical radial peripheral

Respirations

Blood pressure

Pulse oximetry

Bowel sounds

Basic elimination

bedpans/urinals

urinary catheterization

indwelling

straight

irrigation

Enemas fleets bucket

Computer documentation

Intake & Output

Wet to dry dressing

Coughing & Deep breathing

Incentive spirometer

Breath sounds

Oxygen equipment

Medication administration

oral subcutaneous SQ heparin

Intramuscular – deltoid – vastus lateralis

ventral gluteal dorsal gluteal

IM mix

Eye meds Topical meds

MDI

Calculate IV rate

IV complications