



Name _____
 Date: _____
 Unit: _____ Course _____

NURSING CARE PLAN

COURSE: Nursing 124 and 200 Level Courses
ADVANCED DIRECTIVE _____ **Age:** _____ **Date Admitted** _____ **Code Status** _____

Client (Initials) _____ **Allergy** _____

Health History (definitions/see attached cards)

Personal Profile (psychosocial) (gender, marital status, race, where did pt. come from, religion, occupation active or retired, insurance, support person, life stressors, tobacco use, alcohol use, drug use, Erickson stage of development)

Medical Diagnoses (definitions/see attached cards):

Patient's perceived reason for admission: " "

Surgery: **Date:** _____ **Type:** _____

Diagnostic Studies:

<u>Date:</u>	<u>Type of test/study</u>	<u>Why ordered</u>	<u>Result</u>

SOAP NOTE #1

SOAP NOTE #2

Treatments:

Time	Treatment	Reason	Result

(examples: c/s, w-d dsg, incentive spirometer)

Infusions	I/O		Wgt	Activity		Vitals Signs				
IVF	intake	cc				8A	Noon	8A	Noon	
Rate:					Temp					
					Pulse					
	Output	cc	BM		Resp					
Gtt/min			Date of last BM		B/P					
					O2 Sat					
					Pain					

Diet in Hospital

Correlation – why ordered for this pt.

NURSING CARE PLAN LAB SHEET

HEMATOLOGY

Test/Norm	Date	Date	Date	Correlation
WBC (4.8-10.8) ↓				
RBC (4.2-6.2 ↓)(4.2-5.4 ↓)				
Hgb (14-18 ↓)(12-16 ↓)				
Hct (42-52 ↓)(37-47 ↓)				
MCV (80-94 ↓)(79-97 ↓)				
MCH (27-31)				
MCHC (32-36)				
RDW (11.5 – 14.5)				
Stabs				
Segs				
Eosins %(0.0-10.0)				
Basos % (0.0 – 0.8)				
Monos % (1.7-9.3)				
Neutros % (42.2-75.2)				
Lymphs % (20.5-51.1)				
Platelets (140-440)				

CHEMISTRY

Test/Norm	Date	Date	Date	Correlation
Sodium (135-145)				
Potassium (3.5-5.1)				
Chloride (98-111)				
CO2 (21-31)				
Glucose (74-106)				
BUN (6-20)				
Creatinine (0.6-1.1)				
OSMO				
PT (10.0-14.0)				
INR				
PTT (25.0-35.0)				
CK (10-175 U/L female) (15-225 U/L male)				
CK-BB (0 U/L)				
CK-MB (0 – 5.0 ng/ml)				
CK-MM (5-70 U/L)				
Troponin - Cardiac T (<0.2 ng/ml) Cardiac I (<0.03 ng/ml)				
ALT 5-35 IU/L				
AST 5-40 IU/L				

MISCELLANEOUS LABS

Total protein				
Albumin				
Calcium				
Magnesium				
Phosphorous				
Iron				
Iron Binding Cap.				
Transferrin				
Ferritin				
Serum Folate				
Vitamin B12				
TSH				

NURSING CARE PLAN LAB SHEET

DRUGS – Test	Therapeutic Level	Date	Date	Date	Date
Digoxin	0.5- 2 ng/ml				
Carbamazepine	6-12 mcg/ml				
Gentamicin trough	< 2mcg/ml				
Lithium	0.5-1.5mEq/L				
Phenobarbital	10-40 mcg/ml				
Phenytoin	10-20 mcg/ml				
Primidone	5-10 mcg/ml				
Theophyline	5-15 mcg/ml				

ARTERIAL BLOOD GASES

Date	pH (7.35 – 7.45)	PCO2 (35-45)	PO2 (75-100 mmHg)	HCO3 (22-26 mEq/L)	SaO2 (96-100%)	Type of Vent & FiO2	Correlation

URINALYSIS

Test	Negative is norm	Date	Date	Date	Correlation
Protein	“				
Glucose	“				
Ketones	“				
Blood	“				
Bilirubin	“				

BACTERIOLOGY

Test	Norm is 0 growth	Date	Date	Date	Correlation
Urine	“				
Blood	“				
Sputum	“				
Stool	“				
Wound	“				

MISCELLANEOUS TESTS PERFORMED

Test	Norm	Date	Date	Date	

Correlation – why are lab values/results abnormal

MEDICATIONS

Date Ordered	Medication	Why was drug ordered and Action of Drug	Evaluate Effectiveness
	Generic: Trade: Dosage: Admin. Times Route: Classification:		
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Identify and prioritize three relevant nursing diagnoses (NANDA approved)

1.

2.

3.

NURSING PROCESS – ASSESSMENT

#1

Supporting Data
Subjective/Objective

Asset / Liability

#2 Nursing Diagnosis _____

#3 Planning: Goals

Patient will: _____

As evidenced by: (AEB)

1.

2.

3.

4.

Nursing Dx: (repeat from prior page):

PATHOPHYSIOLOGY OF NURSING DIAGNOSIS: (must be sourced)

#4 IMPLEMENTATION:
Nursing Actions/Interventions (List 3 for Nur 124
For Nur 200's list all applicable NAA's)

#4a

*RATIONALE: (for each intervention)(*must be sourced)

- | | |
|----|----|
| 1. | 1. |
| 2. | 2. |
| 3. | 3. |

4. Goal directed Patient/family education intervention:

#5 EVALUATION OF GOAL (from prior page)(AEB's 1,2,3,4)

#6 Goal Revision (if goal not met)

Biopsychosocial Assessment Tool

	ASSESSMENT	DAY 1	DAY 2
NEUROLOGICAL- orientation(person, place, time), hand grasps, pedal push, PERRL, LOC, shoulder shrug, ability to feel objects & sense of touch, mood, judgment, agitation, confusion, speech pattern (coherent, lucid, logical)			
SKIN & NAILS – color, moisture, turgor, temp, lesions, lumps/bumps, texture, cleanliness, dressings			
HEAD & NECK (head, eyes, ears, nose & throat) ROM, lumps/bumps, shape, abnormal, hair – absence or presence of, symmetry, pain, mucous membranes, jaundice			
RESPIRATORY Breath sounds, (adventitious), O2 sat, amt & type of O2, labored breathing (use of accessory muscles) cough/sputum (color), pain Remember to listen to all 5 lobes			
CARDIAC Capillary refill, heart beat (reg/irreg) abnormal sound (including carotid), pulses (radial/pedal) temp/color of extremities, edema, apical rate, pain, palpations			
GASTRO-INTESTINAL (Listen to all 4 quadrants) bowel sounds, abnormal sounds, skin abnormalities, pain, stool, presence of dentures			
GENITO-URINARY Urine color, odor, sediment, foley, bladder distention, I/O			
IV'S & TUBES			
MUSCULO-SKELETAL DEFORMITIES Balance, gait, pain, muscle mass			
OTHER			